

FamiliBase Newsletter

FAMILIBASE RING IN THE NEW YEAR WITH A NEW PROGRAMME!

With the turning of the new year, FamiliBase have introduced a new programme for the local community with the introduction of a new School Age Care Programme.

The school age care will provide children with positive social environment designed for play, learning and leisure. The Children enrolled will participate in diverse experience's allowing them to be

physical and creative and have time to relax after the school day.

Four new members of staff came on board specifically to work in the School Age Care Programme and thus far the entire venture has been a complete success.

Congratulations to all those who participated in bringing the programme to fruition and to it's continued success in the future.

FAMILIBASE RECEIVE DONATIONS FROM HGDESIGN GROUP & GO- AHEAD IRELAND

FamiliBase would like to say a big thank you to the HGDesign Group for the donation of 9 brand new pieces of furniture for the Youth Café in February.

FamiliBase would also like to say a big thank you to Go-Ahead Ireland for their donation of IT equipment and two PlayStation 5 consoles for the Youth Café in March.

Thanks again to both organisations for their continued support!





FAMILIBASE PLAY THEIR PART IN THE CHERRY BLOSSOMS FESTIVAL!

The Cherry Blossoms Festival took place in Ballyfermot in April and FamiliBase contributed to the festival with two events.

The Cherry Blossoms Festival took place in Ballyfermot in April and FamiliBase played their part in the festivities with number of events.

The Cherry Blossoms festival aims to celebrate the work of the residents and organisations who give their time and energy to improve the quality of life for the people of the area.

On the 12th of April, a FIFA tournament was held on the brand new PS5 Console donated by Go Ahead Ireland.

The competition was competitive to say the least but a great time was had by all involved.

On the 17th of April FamiliBase hosted an “Open Mic Night” and there was a fantastic turnout for the occasion. FamiliBase is planning to host a number of “Open Mic Nights” in the future and based on the first one, they will be quite popular.

Well done to all involved who put the events together!

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FamiliBase to Participate in Unsung Youth 2023!

Young people from the FamiliBase Jamz Café and the Ballyfermot Youth Service have begun work and rehearsals for Unsung Youth 2023.

The singers and musicians in both groups will be collaborating together and will be working with facilitators who played at the original Unsung Youth in 2018.

The groups plan to be participating in a number of gigs in the coming months as well as Cruinniu na nOg 2023 which takes place in June.



FAMILIBASE CHILD & FAMILY STAFF UNDERTAKE THERPLAY TRAINING

FamiliBase has delivered Theraplay to 31 children so far in 2023.

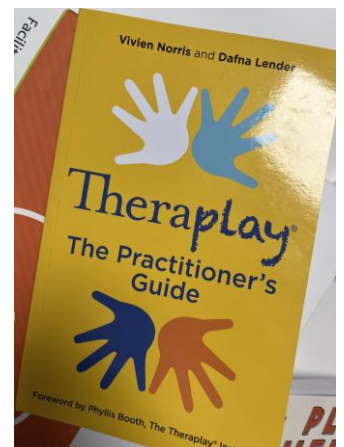
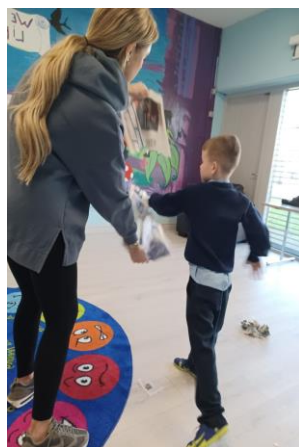
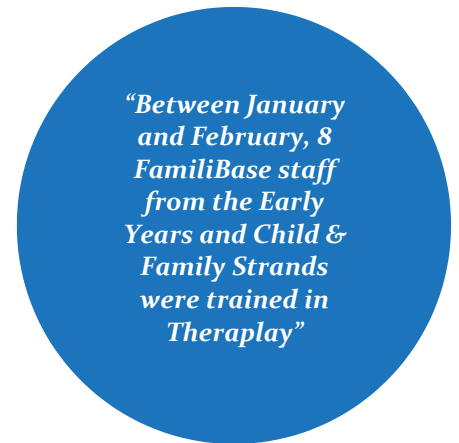
In 2022, FamiliBase received funding through the DCEDIY to train Early Years and Child & Family staff in Theraplay.

Theraplay is an adult-directed structured play group that incorporates playful, cooperative and nurturing activities that enhance the emotional well-being of children and promotes positive mental health.

Between January and February, 8 FamiliBase staff from the Early Years and Child & Family strands were trained in Theraplay Group and Dyadic Models and 3 more of

our colleagues from Daughters of Charity Child & Family Centre Cherry Orchard were trained as part of the initiative, which will allow FamiliBase to increase our Thera-play provision and create a referral pathway with CAMHS to support children accessing their services and on their waiting lists.

FamiliBase has delivered Thera-play to 31 children so far, with the aim that all children involved on the Intensive Family Support Programme and in the Early Years and School Age Care Programme will engage in a Theraplay group in 2023.



FamiliBase play their part in launching Ballyfermot Cherry Orchard For All!

With numerous incidents taking place in the Ballyfermot Cherry Orchard Community in recent months, a number of local organisations, including FamiliBase came together to launch Ballyfermot

Cherry Orchard for all. Launched on the 13th of January Ballyfermot & Cherry Orchard For All will work to Promote solidarity & inclusion for all in the community and will

reflect the warm and welcoming spirit of the communities in both areas.



The Cherry Orchard Running Club Turns 10!



The Cherry Orchard Running Club Celebrate their 10th Anniversary with an event in June!

This year the Cherry Orchard Running Club is celebrating its 10-year anniversary. The club has come a long way since head coach Kenneth O'Driscoll founded the club in 2013.

Kenneth began with finding his own passion for running and wondered "why is everyone in Ballyfermot not out running"? He encouraged his friends and family to get out with him, and soon a little crew was formed and they spent many a weekend running through the Phoenix Park.

What started as a crew of family and friends, has now turned into the first official AAI registered running club in Ballyfermot.

Coach Ken (as he's now known) now has a team of support and over 200 registered members both adults and kids.

The Cherry Orchard Running Club participate in races all over Ireland and their sea of orange is recognisable for miles.

To celebrate its 10-year anniversary, the Cherry Orchard Running Club will be holding an event on June 10th with a number of runs taking place, all of which will start at the Equine Centre in Cherry Orchard.

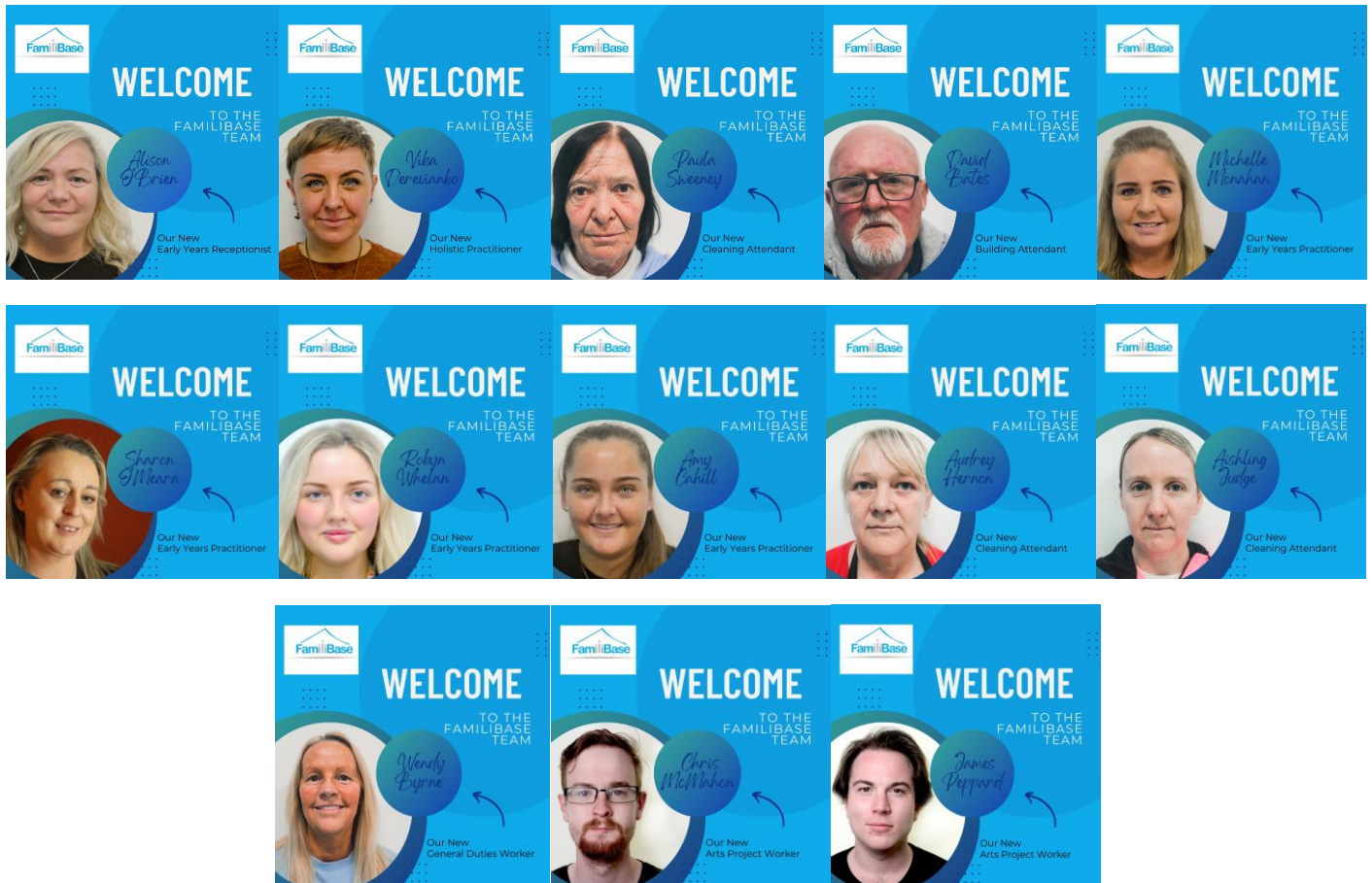
Congratulations to Kenneth and to all those who have contributed to the Cherry Orchard Running Club over the last 10 years and best of luck for the next 10

Parents Plus is a Resounding Success!

At the end of March, another group of Parents completed their 8-week Parent Plus Adolescents Programme with Shaunie and Shauna from the Child & Family Team.

FamiliBase got some excellent feedback from those who participated, with great engagement and support throughout. Well done to all who participated.

New faces to familiBase!



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